

Good
Morning



MATTHEW 6:19-34

“Being anxious or worrying about stuff and things...”

SERMON ON THE MOUNT: MATTHEW 5,6,7

TEN COMMANDMENTS...OLD TESTAMENT
SERMON OF THE MOUNT...NEW TESTAMENT

“THE EPITOME OF JESUS’ TEACHING...HIS
MINISTRY AN ILLUSTRATION.”

THE MANIFESTO OF THE KING; THE MAGNA
CHARTA OF THE KINGDOM

PRIORITIES
PRINCIPLES
PEACE

PRIORITIES:

6:19-21 TREASURES IN HEAVEN, NOT EARTH

6:22-23 GOOD EYE, EVIL EYE

6:24 GOD & MAMMON...MONEY

6:25-34 HUMAN ANXIETY...DIVINE CARE

Story about John D. Rockefeller..."How much do you think he left?"

1 Timothy 6:17-19 Charge them that are rich in this present world, that they be not highminded, nor have their hope set on the uncertainty of riches, but on God, who giveth us richly all things to enjoy; that they do good, that they be rich in good works, that they be ready to distribute,

willing to communicate; laying up in store for themselves a good foundation against the time to come, that they may lay hold on the life which is *life* indeed.

1 Timothy 6:6-8

But godliness with contentment is great gain: ⁷ for we brought nothing into the world, for neither can we carry anything out; ⁸ but having food and covering we shall be therewith content.

UP TIGHT WORLD! NEED FOR PEACE,
CALM.

ANGER, RUDENESS, IMPATIENCE, WORRY

ONE NEWS DAY: Murder, rape, robbery,
domestic abuse, lying, road rage, hit & run
crashes, political scandal, terrorist attacks.

What, Me Worry?







**AVOIDING STRESS: MENTAL & PHYSICAL
INSEPERABLE**

HEALTH: REST, EXERCISE, NUTRITION, CARE

MENTAL: STIMULATING

SPIRITUAL: FAITH & WORKS

PHYSICAL:

Psalm 139:14 I will praise thee; for I am
fearfully *and* wonderfully made:
marvellous *are* thy works;
and *that* my soul knoweth right well.

1 Corinthians 6:19-20

Or know ye not that your body is a temple of the Holy Spirit which is in you, which ye have from God? and ye are not your own; ²⁰ for ye were bought with a price: glorify God therefore in your body.

1 Timothy 4:7-8

... And exercise thyself unto godliness: ⁸ for bodily exercise is profitable for a little; but godliness is profitable for all things, having promise of the life which now is, and of that which is to come.

PEACE AND CALM

Mark 6:31

Then, because so many people were coming and going that they did not even have a chance to eat, he said to them, "Come with me by yourselves to a quiet place and get some rest."

1 Thess. 4:11

And that ye study to be quiet, and to do your own business, and to work with your own hands, as we commanded you

Philippians 4:6-7

In nothing be anxious; but in everything by prayer and supplication with thanksgiving let your requests be made known unto God. ⁷ And the peace of God, which passeth all understanding, shall guard your hearts and your thoughts in Christ Jesus.

Phil. 4:8

Finally, brothers, whatever things are true, whatever things are honest, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report; if there be any virtue, and if there be any praise, think on these things.

The things which ye both learned and received and heard and saw in me, these things do: and the God of peace shall be with you.

FOCUS AND FAITH

Philippians 3:20-21

For our citizenship is in heaven; whence also we wait for a Saviour, the Lord Jesus Christ: ²¹ who shall fashion anew the body of our humiliation, *that it may be* conformed to the body of his glory, according to the working whereby he is able even to subject all things unto himself.

STRENGTH

Ephesians 6:10 “Finally, be strong in the Lord, and in the strength of his might.

1 Corinthians 15:58

… be ye steadfast, unmoveable, always abounding in the work of the Lord, forasmuch as ye know that your labor is not vain in the Lord.

STUDY THE BIBLE, ATTEND CHURCH, BE AN ACTIVE CHRISTIAN

Mark 16:15-16

“Go into all the world and proclaim the gospel to the whole creation. ¹⁶ Whoever believes and is baptized will be saved, but whoever does not believe will be condemned.