

FOOD
is for
THOUGHT

BIBLE REFERENCES

1. **BIRTHRIGHT:** [GEN 25:34](#)
2. **PROPHECY: FAMINE, RAVENS:** [GEN 41:27](#), [1 KINGS 17:4](#)
3. **MIRACLES: WATER TO WINE, 5,000:** [JOHN 2](#), [MATT 14:19](#)
4. **FASTING: TEMPATION, FAITH, HUMBLE:** [MATT 4:2](#), [17:21](#), [PS 35:13](#)
5. **PARABLE - SALT OF THE EARTH, SOWER:** [MATT 5:13](#), [LUKE 8:4](#)
6. **LORD'S PRAYER - DAILY BREAD:** [MATT 6:11](#)
7. **PETER'S VISION OF FOOD:** [ACTS 10:9-16](#) [34-35](#)
8. **PERSONAL LIBERTY:** [ROM 14](#), [1 COR 8](#)



DEFINITION - FOOD FOR THOUGHT

1. SUSTAIN / NOURISH
2. PROVIDES MENTAL STIMULUS FOR THINKING
3. COGNITIVE CONTENT - THE SUM OF WHAT IS DISCOVERED
4. INTELLECTUAL NOURISHMENT
5. SOMETHING TO CONSIDER CAREFULLY

FOOD:

material consisting essentially of protein, carbohydrate, and fat used in the body of an organism [to sustain growth, repair, and vital processes and to furnish energy](#)





LET'S EAT

- 1.** ACTS 17:11
 - 2.** HEB. 5:11 | COR. 3:1
- QUALITY
 - FLAVORS
 - TIMING
 - DIGESTIVES

APERTIVO / ANTIPASTO

TO OPEN THE MEAL

WHAT IS IT?

- ONE BITE
- OPTIONAL
HOR D'OEUVRE - *OUTSIDE THE WORK*

WHAT DOES IT DO?

- TO EXCITE / ENTICE / PREPARE
- STIMULATES A DESIRE FOR MORE



APERTIVO / ANTIPASTO

TO OPEN THE MEAL

WHAT IS IT?

- PROHIBITED / OUTSIDE WORK
GEN 2:17
- DELIGHT TO THE EYES, DESIRABLE
GEN 3:6

WHAT DID IT DO?

- CURSE & DEATH
GEN 3:16-19
- PLAN STARTED BY CONSEQUENCE
GEN 3:15



PRIMO

WARM-UP

WHAT IS IT?

- LIGHT, SERVED WARM
- LUXURIOUS INGREDIENTS

WHAT DOES IT DO?

- BEGINNING / INTRODUCTION



PRIMO

WARM-UP

WHAT IS IT?

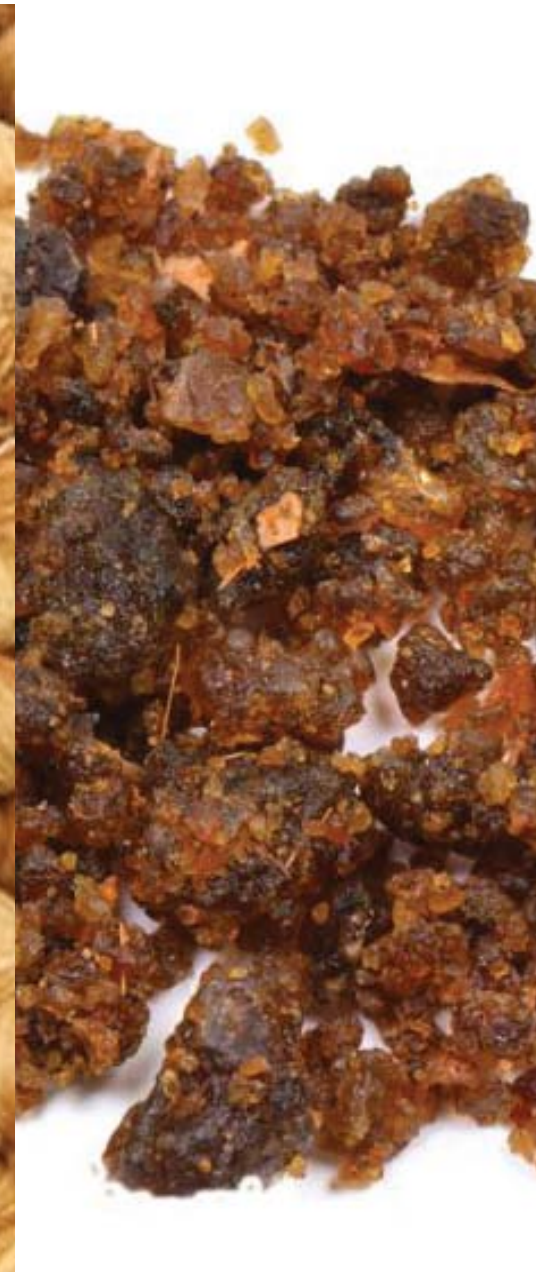
- FROM THE LORD
EX 16:15
- MANNA: APPEARANCE AND TASTE
EX 16:31, NUM 11

WHAT DID IT DO?

- ENCOURAGE OBEDIENCE
EX 16:4
- SERVE AS A REMINDER
EX 16:32



DENSITY



APPEARANCE



COLOR

SECONDI + CONTORNO

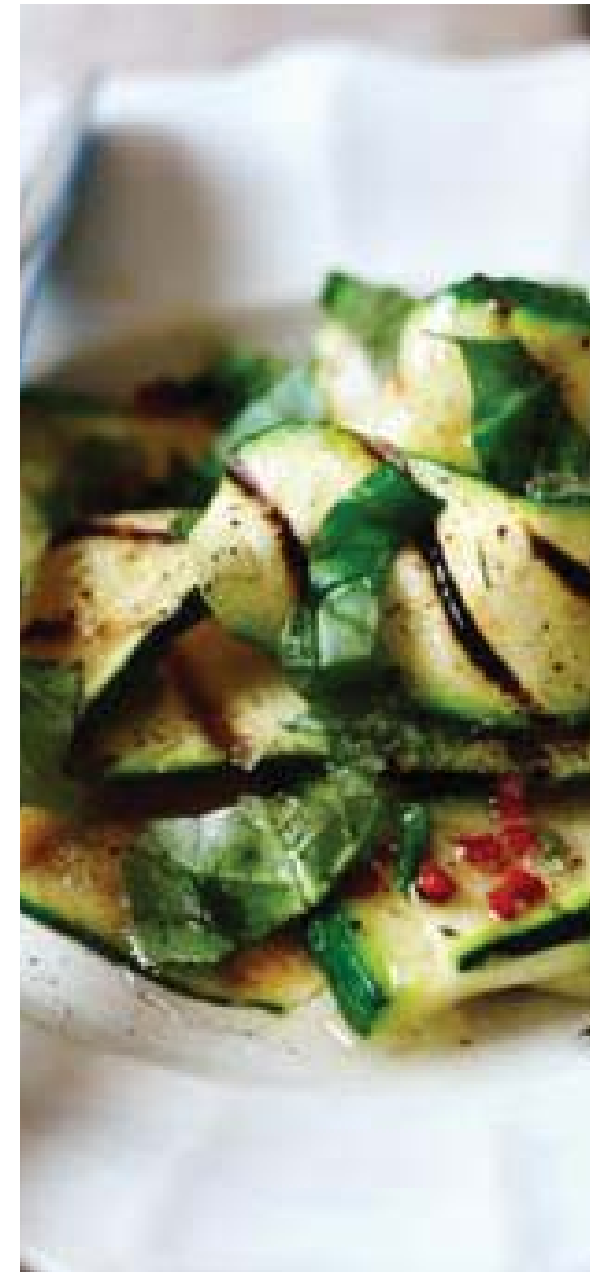
MAIN COURSE WITH SIDE

WHAT IS IT?

- MEATY / WEIGHTIER
- ALONGSIDE - VEGETABLES

WHAT DOES IT DO?

- DESTINATION / CULMINATION



SECONDI + CONTORNO

MAIN COURSE WITH SIDE

WHAT IS IT?

- CHRIST - LAMB OF GOD
JOHN 1:29, MATT 11:27, PHIL 2:5-11
- JOHN THE BAPTIST
LUKE 3:4, MATT 3:14, JOHN 3:30

WHAT DID IT DO?

- NEW COVENANT
HEB 8:7,10



DOLCE & CAFE

DESSERT

WHAT IS IT?

- SWEET, SMALL
- STRONG - QUICKLY @ HOT TEMP.

WHAT DOES IT DO?

- PALATE CLEANSING



DOLCE & CAFE

DESSERT

WHAT IS IT?

- LORD'S SUPPER
1 COR 11:23
- PERFECT
HEB 4:15

WHAT DID IT DO?

- CLEANSING
1 COR 6:11



SUMMARY

PHYSICAL CONSUMPTION

SPIRITUAL CONSUMPTION

APERTIVO / ANTIPASTO

- ONE BITE
TO EXCITE / PREPARE

- SET OFF A FIRE / DESIRE

PRIMO

- LIGHT, SERVED WARM,
LUXURIOUS INGREDIENTS

- TEMPORARY / PRECURSOR

SECONDI + CONTORNO

- MEATY / WEIGHTIER
DESTINATION / CULMINATION

- LAMB OF GOD + JOHN THE BAPTIST

DOLCE & CAFE

- SWEET, PALATE CLEANSING
STRONG, NUMEROUS

- LORD'S SUPPER, WASHES US WHITE AS
SNOW, ONLY ONE

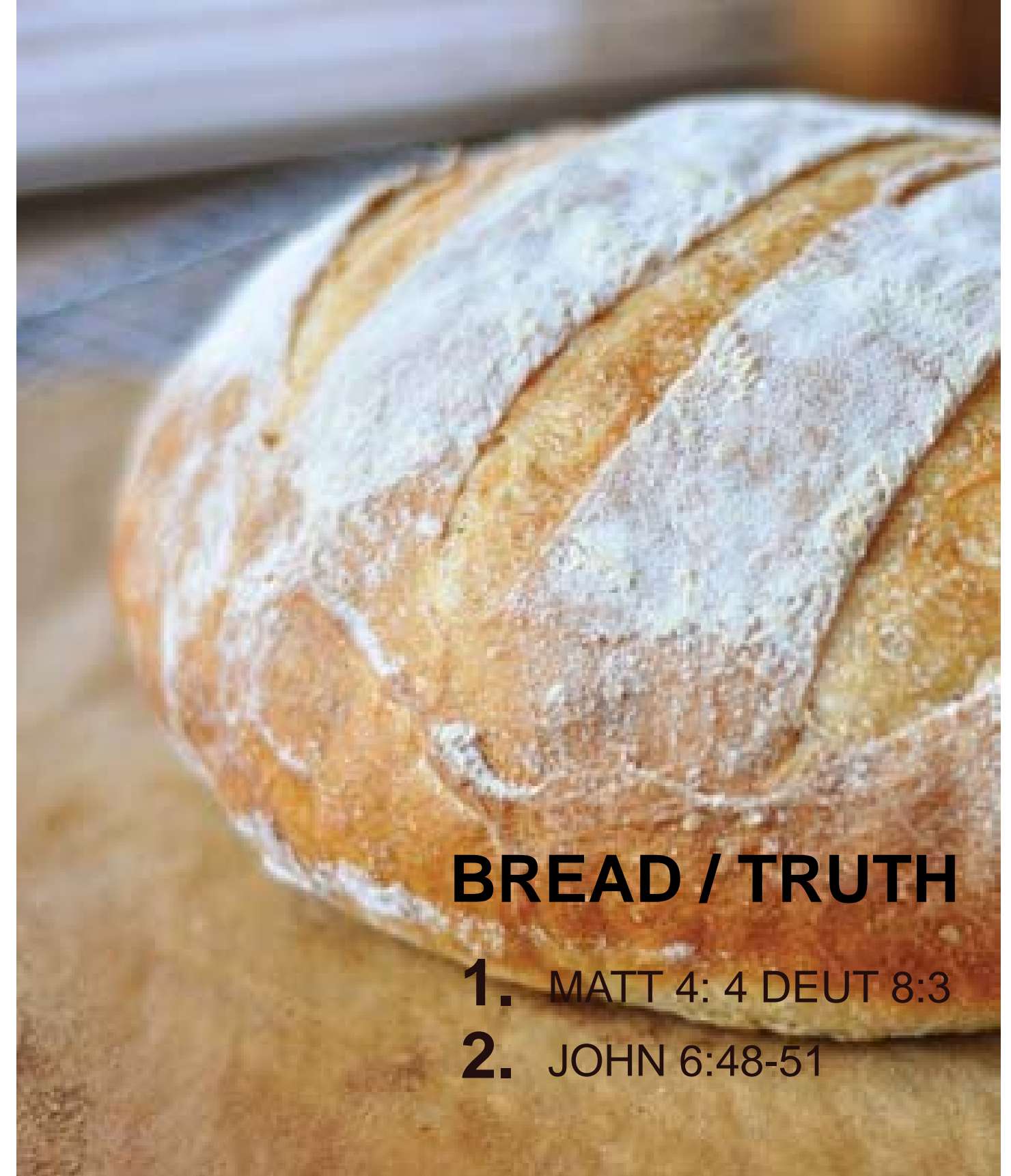
PERISHES

ETERNAL



FLESH / PERCEPTION

- 1.** MATT 6:5
- 2.** I COR. 3:1-3



BREAD / TRUTH

- 1.** MATT 4: 4 DEUT 8:3
- 2.** JOHN 6:48-51

WHAT IS YOUR NEXT MEAL?

